

BUILD YOUR CONFIDENCE, PERSONALITY & CAREER

Teenage is a complex period of rapid change and transition wherein students face a number of challenges. Challenges of fitting in, defining identity, meeting competing demands of home and school, making career choices and developing healthy relationships. They may experience anxiety, mood swings and distressing thoughts.

Are you experiencing confusion to decide higher education stream to pursue?

Are you experiencing difficulty for crafting your career path?

Are you nervous about facing interviews?

There is a gold mine within you from which you can extract everything to live life gloriously, joyously, and abundantly. Many are sound asleep because they do not know about this gold mine of infinite intelligence and boundless love within themselves. Whatever you want, you can draw forth. This secret is the marvelous, miracle working power found in your own subconscious mind, the last place that most people would seek it.

Research has proved that a human mind has a miracle working power and miracles happen to people when they begin using the magic power of mind.



Program Contents

- *Self awareness - Who am I, my dreams, vision, goals and aspirations of life
- *Communication, listening, body language, etiquette and presentability
- *Understanding and eradicating fear
 - *Confidence building
 - *Positive attitude
- *Public speaking and interview skills
 - *Career planning



Who Can Attend

- Students in the age group of 16-20 years.
- Students who have to decide higher education stream, plan their career and prepare for interviews.

Learning Outcomes

- Enhancement of self awareness.
- Enhancement of communication skills, body language & presentability, and behavioral skills.
- Enhancement of self esteem and confidence.
- Public speaking and interview skills.
- Cultivation of ability to define their vision and career aspirations.

We offer customized short duration program as well as comprehensive three days program at Noida and Delhi, as per the convenience of the participants.

Faculty



Indu Wadhwa

Contact Coordinates:

Ms. Pooja Baloni
Mob: 08882194410
Mob: 09811513715
Email ID: info@aspiringpeople.in,
pooja.baloni@aspiringpeople.in,
indu.wadhwa@aspiringpeople.in

Ms. Indu Wadhwa is Founder & Principal Consultant of Aspiring People focusing on Executive Coaching, Career Coaching, Wealth Coaching, Leadership Development, Learning & Development, and Employability Skills for Students.

She has rich, hands on experience of over 3 decades, in various leadership positions across industries like power, hospitality, manufacturing, IT/ communication and service. She has worked in some of India's best companies.

She is very passionate about Behaviour Oriented Programs, Career Coaching, Wealth Coaching, Prosperity Workshops, Personality and Career Building Workshops for Students.